# Lazelle Woods Community Recreation Center

8140 Sancus Blvd. Westerville, OH 43081 (614) 645-5330

Center Manager: Anna Marie Brown



### 2015 Fall (1) Program Session

Registration: Aug. 31 - Sept. 4, 2015 Session: Sept. 8 - October 24, 2015

## **Hours of Operation:**

Sunday - Closed Monday - 8:00am to 8:45pm Tuesday - 8:00am to 8:45pm Wednesday - 8:00am to 8:45pm Thursday - 8:00am to 8:45pm Friday - 8:00am to 8:45pm Saturday - 8:00am to 5:45pm

WWW.COLUMBUSRECPARKS.COM

APM.ACTIVECOMMUNITIES.COM/ COLUMBUSRECPARKS









### **REGISTRATION POLICIES**

- Everyone 6 years and older must have a leisure card to enter the building or register for classes. Cards cost \$1.00 for a three year membership. This does not include the Fitness Pass.
- On-line registration will be charged a non-refundable convenience fee and can be done at https://apm.activecommunities.com/columbusrecparks
- > All registrations (online and walk-in) will be on a first come, first serve basis.
- > All payments must be received at time of registration to secure class spot, except for material fees that are paid to the instructor on the first day of class.
- > Age is determined as of the date of the first class.
- Cash, checks, credit cards, and money orders are accepted for class registration. Checks for classes are made payable to City of Columbus. There is an additional 20% class fee for NON-RESIDENTS. Material fees are paid to Lazelle Woods CRC.
- **▶** WHEN PAYING BY CASH, CORRECT CHANGE IS APPRECIATED.
- > Failure to follow these policies may result in you being excluded from the class.
- Parents must remain in the building during class time for ages 3-5.

#### **LEGEND Pre Kindergarten** Ages 3-5 **Elementary** Ages 6-12 T Teen Ages 13-17 Adult Ages 18 and up Ages 50 and up **50**+ Seniors Open Ages 6 and up Mtls. **Material Fee** Classes with a star are twice a week.

# Fitness Room Policies 2015 CRPD FITNESS

Ages 18-49 \$15 per programming session
Ages 50+ \$10 per programming session
Ages 14-17 Free under the supervision of an adult relative who is a paid fitness room member.

\*Healthways / Silver Sneakers members are free w/ membership card or number.

### \*\*\*REFUND POLICY\*\*\*

A 100% refund will be given only if you withdraw from a class before its start date.

If you withdraw prior to the second class a 50% refund will be given.

No refund is given after the second class.

### Lazelle Woods Center Staff

**Center Manager:** Anna Marie Brown **Asst. Director:** Jeremy Wright

**Leaders:** Thomas Hill & Margaret Owens

Custodian: Gaelen Durant

Instructors: Lori Aumiller, Artie Douglas, Cheryl Shirk,

and Ralph Spencer.

Contract Instructors: Cody Ballard, Sunnie Bezeredi, Kevin Buckland, Marcia Cronin, Phyllis Doelker, Scott Green, Tanya Harris, Jordan James, Jessica Lerch, Mary Morrison, Mike Pabst, Tilloretta Pope, Stephanie Pulliam, Chris Quickert, Tikonya Stewart, Joseph Torchia, Lisa Towner, D'wan Vickroy, and Dana Watters.

### OPEN GYM TIMES

Monday: Pickle Ball 10:00 - 12:00pm \$5

Elem. Open Gym 3:00 - 4:45pm

Volleyball 7:00 - 8:45pm

Tuesday: Senior Basketball 11:30-1:30pm Wednesday: Pickle Ball 1:00 - 3:00pm \$5

Badminton 7:00 - 8:45pm

Thursday: PK Open Gym 10:00-12:00pm

Senior Basketball 11:30- 1:30pm

Friday: PK Open Gym 10:00-1:00pm

Adult Open Gym 1:00-3:00pm Family Night 7:00 - 8:45pm

### MARK YOUR CALENDARS!

Fall Harvest Jamboree at Smith Farms Parking \$5
Oct. 3<sup>rd</sup> Noon -5pm

Highlights Kids' Run Oct. 17th Time TBD

Lazelle Woods Halloween Party Oct. 28th 6:00pm - 8:00pm

MONDAY- No classes Oct. 12<sup>th</sup> due to the holiday

| COUR  |                                   | START    | END      | AGE     | INSTRUCTOR I          | RESIDENT FEE |
|-------|-----------------------------------|----------|----------|---------|-----------------------|--------------|
| 32759 | Little Dribblers Basketball       | 9:30 AM  | 10:00 AM | 4-6     | Ballard, Cody         | \$20         |
| 32809 | 4 Hands in Clay                   | 10:00 AM | 10:45 AM | PK      | Owens, Margaret       | \$10         |
| 32635 | PK Beginner Tae Kwon Do           | 11:00 AM | 11:30 AM | PK      | Green, Scott          | \$30 + Mtls. |
| 32636 | PK Intermediate Tae Kwon Do       | 11:30 AM | 12:00 PM | PK      | Green, Scott          | \$30 + Mtls. |
| 32781 | Lunch Indoor Cycling              | 1:00 PM  | 1:45 PM  | Adult   | Shirk, Cheryl         | \$10 Mtls.   |
| 32784 | *Unlimited Lunch Indoor Cycling   | 1:00 PM  | 1:45 PM  | Adult   | Brown & Shirk         | \$20 Mtls.   |
| 32787 | Sporties for Shorties             | 2:00 PM  | 2:30 PM  | PK      | Hill Jr, Thomas       | \$10         |
| 32791 | Soccer Ages 3-5                   | 2:30 PM  | 3:00 PM  | PK      | Wright, Jeremy        | \$10         |
| 32808 | Claykids                          | 4:00 PM  | 4:45 PM  | 6-12    | Owens, Margaret       | Free         |
| 32649 | PK Gymnastics                     | 4:15 PM  | 5:10 PM  | PK      | Bezeredi, Sunnie      | \$45         |
| 32774 | Basketball Clinic by Ohio Premier | 5:00 PM  | 5:45 PM  | 4-7     | McClure-Harris, Tanya | \$35         |
| 32643 | Beginner Gymnastics               | 5:00 PM  | 5:55 PM  | 5-16    | Bezeredi, Sunnie      | \$45         |
| 32686 | Volleyball                        | 5:00 PM  | 5:45 PM  | 8-12    | Vickroy, D'wan        | \$45         |
| 32775 | Basketball Clinic by Ohio Premier | 6:00 PM  | 6:45 PM  | 8-10    | McClure-Harris, Tanya | \$35         |
| 32646 | Gymnastics - Inter. & Adv.        | 6:00 PM  | 6:55 PM  | 5-16    | Bezeredi, Sunnie      | \$45         |
| 32637 | Zumba w/ Lisa                     | 6:45 PM  | 7:45 PM  | 12 & up | Towner, Lisa          | \$23         |
| 32641 | \$5 Drop-in to Lisa's classes     | 6:45 PM  | 7:45 PM  | 12 & up | Towner, Lisa          | \$5          |
| 32786 | *Fit Bundle w/ Lisa 3X a week     | 6:45 PM  | 7:55 PM  | 12 & up | Towner, Lisa          | \$45         |
| 32657 | Adult Open Volleyball             | 7:00 PM  | 8:45 PM  | Adult   | Hill Jr, Thomas       | Free         |
| 32642 | Beginner Gymnastics               | 7:00 PM  | 8:00 PM  | 5-16    | Bezeredi, Sunnie      | \$45         |
| 32633 | *Tae Kwon Do-Beg.                 | 7:00 PM  | 7:30 PM  | 6 & up  | Green, Scott          | \$30 + Mtls. |
| 32616 | Brazilian Martial Arts (Capoeira) | 7:15 PM  | 8:45 PM  | 16 & up | Lerch, Jessica        | \$35         |
| 32617 | Brazilian Martial Arts Drop-in    | 7:15 PM  | 8:45 PM  | 16 & up | Lerch, Jessica        | \$10         |
| 32634 | *Tae Kwon Do-Inter. / Adv.        | 7:30 PM  | 8:30 PM  | 6 & up  | Green, Scott          | \$30 + Mtls. |

**TUESDAY** COURSE # **START END** AGE RESIDENT FEE **CLASS INSTRUCTOR** 9:45 AM \$25 9:00 AM 25 & up Bova-Ervin, Maria 32653 Silver Sneakers Non-Members 9:45 AM Free 9:00 AM 25 & up Bova-Ervin, Maria 32652 Silver Sneaker Members Class 10:30 AM 9:30 AM 12 & up Towner, Lisa \$23 32638 FitFuzion w/ Lisa Tuesday AM \$40 9:30 AM 10:30 AM 12 & up Towner, Lisa 32640 \*FitFuzion AM Bundle 10:00 AM 11:00 AM 25 & up Bova-Ervin, Maria \$20 32650 **Adult Beginner Tap** 11:00 AM 11:45 AM 25 & up Bova-Ervin, Maria \$20 32651 Cardio Line Dance 11:00 AM 11:30 AM PK Hill Jr, Thomas \$10 32788 PK Games w/ Mr. Hill \$10 + \$3 Mtls. 1:00 PM 1:45 PM PK 32811 Print, Paint, Create Owens, Margaret 2:30 PM 3:15 PM 3-6 Owens, Margaret \$5 Mtls. 32812 **Tinkers and Thinkers** 4:30 PM 5:15 PM 16 & up Stewart, Tikonya \$25 + \$5 Mtls. 32548 **Indoor Cycling** 5-12 4:30 PM 5:30 PM Haferman, John Free 32659 Floor Hockey 5:15 PM \$45 + \$5 Mtls. 4:30 PM 16& up Stewart, Tikonya 32550 **Indoor Cycling Combo** \$80 + \$5 Mtls. 5:15 PM 4:30 PM 16 & up Pulliam & Stewart 32551 \*Fitness Classes Unlimited 32544 5:30 PM 6:30 PM Adult Pulliam, Stephanie \$25 + \$5 Mtls. **Boot Camp** 6:00 PM PK \$10 32794 5:30 PM Wright, Jeremy Soccer Ages 3-5 5:30 PM 6:30 PM Adult Pulliam & Stewart \$45 + \$5 Mtls. 32546 \*Boot Camp Combo

| 32813 | 4 Hands in Clay   | 6:00 PM | 6:45 PM | PK    | Owens, Margaret | \$10 |
|-------|-------------------|---------|---------|-------|-----------------|------|
| 32552 | Aiki Ju Jitsu     | 6:30 PM | 8:30 PM | Adult | Pabst, Mike     | \$35 |
| 32793 | Soccer Ages 10-12 | 7:00 PM | 7:45 PM | 10-12 | Wright, Jeremy  | Free |

WEDNESDAY

| COURS | E# CLASS                          | START    | END      | AGE     | INSTRUCTOR            | RESIDENT FEE     |
|-------|-----------------------------------|----------|----------|---------|-----------------------|------------------|
| 32785 | Zumba 45                          | 8:15 AM  | 9:00 AM  | 13 & up | Towner, Lisa          | \$15             |
| 32814 | Little People Moves               | 9:15 AM  | 9:45 AM  | PK      | Owens, Margaret       | Free             |
| 32760 | Little Dribblers Basketball       | 9:30 AM  | 10:00 AM | 4 -6    | Ballard, Cody         | \$20             |
| 32655 | PK Gymnastics                     | 10:00 AM | 10:40 AM | PK      | Bezeredi, Sunnie      | \$50             |
| 32885 | HomeSchool Gym Ages 5-7           | 10:00 AM | 10:45 AM | 5-7     | Quickert, Christopher | \$45             |
| 32656 | PK Gymnastics                     | 10:45 AM | 11:25 AM | PK      | Bezeredi, Sunnie      | \$50             |
| 32886 | HomeSchool Gym Ages 8-11          | 11:00 AM | 11:45 AM | 8-11    | Quickert, Christopher | \$45             |
| 32884 | HomeSchool Gym Ages 12 & up       | 12:00 PM | 12:45 PM | 12 & up | Quickert, Christopher | \$45             |
| 32782 | Lunch Indoor Cycling              | 1:00 PM  | 1:45 PM  | Adult   | Shirk, Cheryl         | \$10 Mtls.       |
| 32815 | Arts Galore                       | 4:00 PM  | 5:00 PM  | 6-12    | Owens, Margaret       | Free             |
| 32663 | Dodge Ball                        | 4:00 PM  | 4:45 PM  | 6-12    | Wright, Jeremy        | Free             |
| 32795 | Video Game Club                   | 5:00 PM  | 6:30 PM  | 7-12    | Wright, Jeremy        | Free             |
|       | Parkour Drop-In                   | 5:00 PM  | 6:00 PM  | 6-12    | Torchia, Joseph       | \$10             |
| 32618 | Parkour 10 Class Pass             | 5:00 PM  | 6:00 PM  | 6-12    | Torchia, Joseph       | \$75             |
| 32547 | Indoor Cycling                    | 6:00 PM  | 6:45 PM  | 16 & up | Pulliam, Stephanie    | \$25 + \$5 Mtls. |
| 32777 | Beg. Basketball Skill Development | 6:00 PM  | 6:45 PM  | 11-14   | McClure-Harris, Tanya | \$35             |
| 32626 | Yoga for the Mind and Body        | 6:30 PM  | 7:30 PM  | 16 & up | Pope, Tilloretta      | \$35             |
| 32658 | Adult Open Badminton              | 7:00 PM  | 8:45 PM  | Adult   | Hill Jr, Thomas       | Free             |
| 32633 | *Tae Kwon Do-Beginners            | 7:00 PM  | 7:30 PM  | 6 & up  | Green, Scott          | \$30 + Mtls.     |
| 32634 | *Tae Kwon Do-Inter. / Adv.        | 7:30 PM  | 8:30 PM  | 6 & up  | Green, Scott          | \$30 + Mtls.     |

THURSDAY
START END

| COURSE | E# CLASS                         | START T  | END END  | AGE     | INSTRUCTOR         | RESIDENT FEE     |
|--------|----------------------------------|----------|----------|---------|--------------------|------------------|
| 32639  | FitFuzion w/ Lisa AM             | 9:30 AM  | 10:30 AM | 12 & up | Towner, Lisa       | \$23             |
| 32640  | *FitFuzion AM Bundle             | 9:30 AM  | 10:30 AM | 12 & up | Towner, Lisa       | \$40             |
| 32816  | 4 Hands in Clay                  | 10:00 AM | 10:45 AM | PK      | Owens, Margaret    | \$10             |
| 32817  | Preschool Story Time             | 1:30 PM  | 2:15 PM  | 2 - 5   | Owens, Margaret    | Free             |
| 32891  | PK Ballet & Tap                  | 2:30 PM  | 3:10 PM  | PK      | Brown, Anna        | Mtls.            |
| 32790  | Sporties for Shorties            | 2:30 PM  | 3:00 PM  | PK      | Hill Jr, Thomas    | \$10             |
| 32763  | PK Piano (Age verification req.) | 4:00 PM  | 4:30 PM  | 4-6     | Morrison, Mary     | \$25 + \$3 Mtls. |
| 32780  | Flag Football                    | 4:00 PM  | 4:45 PM  | 8-12    | Hill Jr, Thomas    | Free             |
| 32648  | PK Gymnastics                    | 4:15 PM  | 5:10 PM  | PK      | Bezeredi, Sunnie   | \$50             |
| 32549  | Indoor Cycling                   | 4:30 PM  | 5:15 PM  | 16 & up | Stewart, Tikonya   | \$25 + \$5 Mtls. |
| 32764  | Beginner Piano Level 1           | 4:30 PM  | 5:00 PM  | 7-T,A   | Morrison, Mary     | \$25 + \$3 Mtls. |
| 32550  | *Indoor Cycling Combo            | 4:30 PM  | 5:15 PM  | 16 & up | Stewart, Tikonya   | \$45 + \$5 Mtls. |
| 32551  | *Fitness Classes Unlimited       | 4:30 PM  | 5:15 PM  | 16 & up | Pulliam, & Stewart | \$80 + \$5 Mtls. |
| 32892  | Ballet & Tap                     | 5:00 PM  | 5:40 PM  | 5-7     | Brown, Anna        | Mtls.            |
| 32768  | Classical Piano Levels 6 + up    | 5:00 PM  | 5:30 PM  | 7-T,A   | Morrison, Mary     | \$25 + \$3 Mtls. |
| 32644  | Beginner Gymnastics              | 5:00 PM  | 5:55 PM  | 5-16    | Bezeredi, Sunnie   | \$50             |
| 32792  | Soccer Ages 6-9                  | 5:00 PM  | 5:45 PM  | 6-9     | Wright, Jeremy     | Free             |

| 32545 | Boot Camp                        | 5:30 PM | 6:30 PM | Adult   | Stewart, Tikonya  | \$25 + \$5 Mtls. |
|-------|----------------------------------|---------|---------|---------|-------------------|------------------|
| 32769 | Beginner Piano Level 4 + 5       | 5:30 PM | 6:00 PM | 7-T,A   | Morrison, Mary    | \$25 + \$3 Mtls. |
| 32546 | *Boot Camp Combo                 | 5:30 PM | 6:30 PM | Adult   | Pulliam & Stewart | \$45 + \$5 Mtls. |
| 32631 | FUNdamentals of Watercolor       | 6:00 PM | 9:00 PM | Adult   | Buckland, Kevin   | \$85             |
| 32779 | Parent / Child Pottery           | 6:00 PM | 7:00 PM | 4 & up  | Aumiller, Lori    | Free             |
| 32770 | Beginner Piano Level 2           | 6:00 PM | 6:30 PM | 7-T,A   | Morrison, Mary    | \$25 + \$3 Mtls. |
| 32647 | Gymnastics - Inter. & Adv.       | 6:00 PM | 6:55 PM | 5-16    | Bezeredi, Sunnie  | \$50             |
| 32771 | PK Piano (Age verification req.) | 6:30 PM | 7:00 PM | 4-6     | Morrison, Mary    | \$25 + \$3 Mtls. |
| 32641 | \$5 Drop-in to Lisa's classes    | 6:45 PM | 7:45 PM | 12 & up | Towner, Lisa      | \$5              |
| 32786 | *Fit Bundle w/ Lisa 3X a week    | 6:45 PM | 7:45 PM | 12 & up | Towner, Lisa      | \$45             |
| 32778 | Adult / Teen Pottery             | 7:00 PM | 9:00 PM | 13 & up | Aumiller, Lori    | \$10 Mtls.       |
| 32772 | Beginner Piano Level 3           | 7:00 PM | 7:30 PM | 7-T,A   | Morrison, Mary    | \$25 + \$3 Mtls. |
| 32645 | Beginner Gymnastics              | 7:00 PM | 8:00 PM | 5-16    | Bezeredi, Sunnie  | \$50             |
| 32773 | Beginner Guitar Level 1          | 7:30 PM | 8:00 PM | 8 & up  | Morrison, Mary    | \$25             |

**FRIDAY** 

| COURS | E# CLASS                 | START    | END      | AGE   | INSTRUCTOR        | RESIDENT FEE      |
|-------|--------------------------|----------|----------|-------|-------------------|-------------------|
| 32654 | Little Mights Soccer     | 10:30 AM | 11:15 AM | 5-6   | James, Jordan     | \$40              |
| 32553 | Pottery / Ceramics       | 12:00 PM | 2:00 PM  | Adult | Doelker, Phyllis  | \$35 + \$25 Mtls. |
| 32819 | Fun Fall Crafts          | 1:00 PM  | 1:45 PM  | PK    | Owens, Margaret   | \$3 Mtls.         |
| 32783 | Lunch Indoor Cycling     | 1:00 PM  | 1:45 PM  | Adult | Brown, Anna Marie | \$10 Mtls.        |
| 32784 | *Unlimited Lunch Cycling | 1:00 PM  | 1:45 PM  | Adult | Brown & Shirk     | \$20 Mtls.        |
| 32797 | Sporties for Shorties    | 2:00 PM  | 2:30 PM  | PK    | Hill Jr, Thomas   | \$10              |
| 32796 | Sporties for Shorties    | 2:30 PM  | 3:00 PM  | PK    | Wright, Jeremy    | \$10              |
| 32818 | Friday Family Fun Night  | 6:00 PM  | 8:00 PM  | 3-12  | Owens, Margaret   | Free              |
| 32758 | Basketball w/ Cody       | 6:00 PM  | 7:00 PM  | 6-12  | Ballard, Cody     | \$35              |

**SATURDAY** 

| COURSE # CLASS |                      | START    | END      | AGE     | INSTRUCTOR     | RESIDENT FEE |
|----------------|----------------------|----------|----------|---------|----------------|--------------|
| 32632          | Zumba & Zumba Toning | 8:30 AM  | 9:30 AM  | 13 & up | Cronin, Marcia | \$25         |
| 32761          | Petite Primas Ballet | 10:00 AM | 10:25 AM | 2 ½ -5  | Watters, Dana  | \$30         |
| 32662          | Art w/ Lori          | 10:30 AM | 11:30 AM | 6-12    | Aumiller, Lori | Free         |
| 32762          | Pre - Ballet         | 10:30 AM | 11:10 AM | 5-7     | Watters, Dana  | \$30         |
| 32661          | Ballet I             | 11:15 AM | 12:00 PM | 6-12    | Watters, Dana  | \$30         |

Please Note: All start and end dates for each class are left to the sole discretion of the instructor. Participants are encouraged to ask the instructor for the specific dates that the class will end or when the class will not meet. Your receipt should also state the dates for each class. In addition, when an instructor needs to cancel a class, participants should also check with the instructor about his/her make-up policy. The center manager neither sets the class start or end dates nor sets the date(s) for make-up classes.

Thank you.